(CEC) CHARACTER ENRICHMENT COURSE
LESSON 2 WORKSHEET
Comparing Character vs. Personality

NAME _____

DATE _____

INTRODUCTION

If a man or woman's Character represents the sum total of his or her mental and moral traits fashioned by the patterns of his or her own thinking; then what does the word Personality mean when we use it? Usually the two terms are used synonymously, which unfortunately disempowers us because we are essentially turning two separate words into one word. This is disempowering because it removes a word from our vocabulary that could have been used to communicate yet another subtle layer of our individual nature. It is very important for us to have many different words to describe as many aspects of ourselves as possible. This is true because these words help us pay attention to things about ourselves that we probably didn't even know existed, and once aware of these "microscopic personal details", we can then take conscious control of them according to the whims of our will, as opposed to just letting them continue to exist; playing out like some type of automatic program on repeat. Thus this lesson will serve to empower us by adding yet another term to our self-improvement vocabulary. We will do this by making a clear distinction between the terms Character and Personality, then take a deeper look into the nature of Personality, and finally wrap things up by briefly introducing some of the Personality Refinement topics that will be covered in future lessons.

WHAT DOES THE WORD "PERSONALITY" MEAN TO YOU?

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WHAT DO YOUR VARIOUS PERSONALITY STYLES SAY ABOUT THE CONTENTS OF YOUR CHARACTER?

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DO YOUR PERSONALITY STYLES HURT MORE AS OPPOSED TO HELP OTHERS, AND WHY?

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WHAT IS OUR NEW DEFINITION OF PERSONALITY?

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BASED ON OUR NEW DEFINITION, HOW IS PERSONALITY DIFFERENT FROM CHARACTER?

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